

Main Meal

Brookdale Hawthorn Lakes IL/AL

Sunday, May 10, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Spinach Harvest Salad

Seasonal Entrees

Rosemary and Garlic Chicken

Marinated chicken breast baked in a rosemary and garlic wine sauce.

Trio Salad Plate

Your choice of two fresh meat salads and one side salad.

Stuffed Shells

Pasta shells stuffed with ground beef baked in homemade tomato sauce.

Accompaniment

Parslied Buttered Noodles

Also Available

Seasonal Desserts

Ice Cream of the Month

Strawberry Ice Cream

Cookie of the Month

Lemon Cookie

Fruit

 Fresh Melon Cup

 Optimum Life Cuisine is prepared with reduced sodium, fat and cholesterol.

We invite you to share your comments with your Dining Leaders.



Brookdale Hawthorn Lakes IL/AL

Sunday, May 10, 2026

Featured Starters

Soup of the Day

Cream of Vegetable Soup

Salad of the Day

Greek Salad

Featured Entrees

Ginger Roasted Salmon

Oven roasted salmon topped with a ginger honey sauce.

Salisbury Steak

Seasoned ground beef steak, baked until tender, for a classic favorite.

Lamb Goulash

Lamb simmered with vegetables, paprika and caraway seeds.

Vegetable

 Steamed Broccoli

Accompaniments

Cilantro Rice

 Steamed Chef's Vegetables

 Baked Potato

Desserts

Feature

Coconut Meringue Pie

Feature

Dutch Butter Cake

Guiltless Pleasures

Reduced Sugar
Coconut Cream Pie

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Brookdale Hawthorn Lakes IL/AL

Monday, May 11, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Spinach Harvest Salad

Seasonal Entrees

 **Rosemary and Garlic Chicken**

Marinated chicken breast baked in a rosemary and garlic wine sauce.

Trio Salad Plate

Your choice of two fresh meat salads and one side salad.

Stuffed Shells

Pasta shells stuffed with ground beef baked in homemade tomato sauce.

Accompaniment

Hash Brown Potatoes

Also Available

Fruit

 Chilled Pears

Seasonal Desserts

Ice Cream of the Month

Strawberry Ice Cream

Cookie of the Month

Lemon Cookie

Brookdale Hawthorn Lakes IL/AL

Monday, May 11, 2026

Featured Starters

Soup of the Day

Roasted Garlic Potato Soup

Salad of the Day

Tossed Iceberg Salad

Item can be prepared as an  Optimum Life Cuisine Option

Featured Entrees

Baked Glazed Ham

Premium oven baked ham with a sweet pineapple glaze.

 **Grilled Lemon Chicken**


Grilled chicken breast marinated in a blend of herbs, lemon and garlic.

Classic Cheese Lasagna

Layers of tender pasta baked with marinara sauce and 3 cheeses.

Vegetable

Sauteed Collard Greens

Item can be prepared as an  Optimum Life Cuisine Option

 Steamed Broccoli

Accompaniments

Navy Beans

Scalloped Potatoes

Desserts

Feature

Banana Pudding

Feature

Apple Crumb Pie

Guiltless Pleasures

Reduced Sugar Banana Pudding

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Main Meal

Brookdale Hawthorn Lakes IL/AL

Tuesday, May 12, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Spinach Harvest Salad

Seasonal Entrees

Rosemary and Garlic Chicken

Marinated chicken breast baked in a rosemary and garlic wine sauce.

Trio Salad Plate

Your choice of two fresh meat salads and one side salad.

Stuffed Shells

Pasta shells stuffed with ground beef baked in homemade tomato sauce.

Accompaniment

Rice Pilaf

Also Available

 **Fruit**
Fresh Apple Slices

Seasonal Desserts

Ice Cream of the Month

Strawberry Ice Cream

Cookie of the Month

Lemon Cookie

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Brookdale Hawthorn Lakes IL/AL

Tuesday, May 12, 2026

Featured Starters

Soup of the Day

Creamy Onion Soup


Salad of the Day

Tomato, Mozzarella and Basil Salad

Featured Entrees

Fried Chicken

Choice of light or dark meat hand breaded and fried to golden brown.

Item can be prepared as an  Optimum Life Cuisine Option

Veal Cutlets


Seasoned veal cutlet, sauteed until tender and served with brown sauce.

Braised Beef Provencale

Tender, slow cooked beef and vegetables served in a red wine sauce.

Vegetable

Buttered Green Beans

Item can be prepared as an  Optimum Life Cuisine Option

Lyonnais Style Carrots

Accompaniments

Macaroni and Cheese

Herbed Potatoes

Desserts

Feature

Cocoa Devil's Food
Cake

Feature

Pistachio Ambrosia

Guiltless Pleasures

Reduced Sugar
Chocolate Mousse
Layer Cake

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Main Meal

Brookdale Hawthorn Lakes IL/AL

Wednesday, May 13, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Spinach Harvest Salad

Seasonal Entrees

Rosemary and Garlic Chicken

Marinated chicken breast baked in a rosemary and garlic wine sauce.

Trio Salad Plate

Your choice of two fresh meat salads and one side salad.

Stuffed Shells

Pasta shells stuffed with ground beef baked in homemade tomato sauce.

Accompaniment

Mashed Potatoes

Also Available

Seasonal Desserts

Ice Cream of the Month

Strawberry Ice Cream

Cookie of the Month

Lemon Cookie

Fruit

 Chilled Peaches

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Brookdale Hawthorn Lakes IL/AL

Wednesday, May 13, 2026

Featured Starters

Soup of the Day

Tuscany Soup

Salad of the Day

Sliced Radish and Cucumber Plate

Featured Entrees

Beef Brisket

Tender beef brisket slowly baked in the oven.

Turkey Fillet with Peppercorn Sauce

Sauteed turkey served with a dijon, white wine, and peppercorn sauce.

Smothered Pork Chops

Southern classic pan-fried pork chops covered in an onion gravy.

Vegetable

Roasted Brussels Sprouts

Accompaniments

Oven Brown Potatoes

 Fresh Vegetable Blend

Homestyle Bread Stuffing

Desserts

Feature

Pecan Pie

Feature

Frozen Yogurt

Guiltless Pleasures

Sugar Free Pecan Pie

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Brookdale Hawthorn Lakes IL/AL

Thursday, May 14, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Spinach Harvest Salad

Seasonal Entrees

🍷 Rosemary and Garlic Chicken

Marinated chicken breast baked in a rosemary and garlic wine sauce.

Trio Salad Plate

Your choice of two fresh meat salads and one side salad.

Stuffed Shells

Pasta shells stuffed with ground beef baked in homemade tomato sauce.

Accompaniment

🍷 Baked Sweet Potato

Also Available

Seasonal Desserts

Ice Cream of the Month

Strawberry Ice Cream

Cookie of the Month

Lemon Cookie

Fruit

🍷 Fresh Fruit Bowl

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Brookdale Hawthorn Lakes IL/AL

Thursday, May 14, 2026

Featured Starters

Soup of the Day

New England Clam Chowder

Salad of the Day

Boston Lettuce Salad with Creamy Orange Shallot Dressing

Featured Entrees

🍷 Herb Baked Pollock

Fillet of pollock baked in parchment with fresh herbs and lemon.

Homestyle Beef Stew

Slow cooked beef simmered with celery, onions and carrots.

Hawaiian Chicken Thighs

Pan seared chicken thighs topped with a pineapple rum raisin sauce.

Vegetable

Harvard Style Beets

Accompaniments

Barley Risotto

Mixed Green Salad with Dressing

Boiled Potatoes

Desserts

Feature

White Texas Sheet Cake

Feature

Butterscotch Brownie

Guiltless Pleasures

No Sugar Added Pound Cake

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Brookdale Hawthorn Lakes IL/AL

Friday, May 15, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Spinach Harvest Salad

Seasonal Entrees

Rosemary and Garlic Chicken

Marinated chicken breast baked in a rosemary and garlic wine sauce.

Trio Salad Plate

Your choice of two fresh meat salads and one side salad.

Stuffed Shells

Pasta shells stuffed with ground beef baked in homemade tomato sauce.

Accompaniment

Couscous

Also Available

Brookdale Hawthorn Lakes IL/AL

Friday, May 15, 2026

Featured Starters

Soup of the Day

Tortellini Soup

Salad of the Day

Vegetable Salad with Sesame Dressing

Featured Entrees

German Bratwurst with Sauerkraut

Bratwurst simmered with sauerkraut and onion.

Crumb Topped Fillet of Sole


Tender fish with a mustard, parmesan, bread crumb topping.

Roast Beef with Au Jus

Seasoned beef, slow roasted until tender, served with Au Jus.

Vegetable

Buttered Carrots

Item can be prepared as an  Optimum Life Cuisine Option

 Steamed Asparagus

Accompaniments

Warm Potato Salad

Potato Onion Supreme

Seasonal Desserts


Ice Cream of the Month

Strawberry Ice Cream

Cookie of the Month

Lemon Cookie

Fruit

 Fresh Diced Pears and Apples

Desserts

Feature

Classic Tiramisu

Feature

Lemon Cream Pie

Guiltless Pleasures

Reduced Sugar Cheesecake Whip

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Main Meal

Brookdale Hawthorn Lakes IL/AL

Saturday, May 16, 2026

Seasonal Starters

Soup of the Season

Chicken and Rice Soup

Salad of the Season

Spinach Harvest Salad

Seasonal Entrees

Rosemary and Garlic Chicken

Marinated chicken breast baked in a rosemary and garlic wine sauce.

Trio Salad Plate

Your choice of two fresh meat salads and one side salad.

Stuffed Shells

Pasta shells stuffed with ground beef baked in homemade tomato sauce.

Accompaniment

Rosemary Potato Gratin

Also Available

Fruit
 Tropical Fruit

Seasonal Desserts

Ice Cream of the Month

Strawberry Ice Cream

Cookie of the Month

Lemon Cookie

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Brookdale Hawthorn Lakes IL/AL

Saturday, May 16, 2026

Featured Starters

Soup of the Day

Yankee Bean with Bacon Soup

Salad of the Day

Fresh Vegetable Salad

Featured Entrees

Marsala Chicken

Chicken breast simmered in a mushroom and marsala wine sauce.

Sauteed Pork Medallions with Red Peppers

Pork medallions with Grand Marnier demi glace.

Baked Almond Crusted Flounder

Oven baked fillet of flounder encrusted with almonds and herbs.

Vegetable

 Steamed Yellow Squash

 Steamed Spinach

Accompaniments

Pasta of the Day

Item can be prepared as an  Optimum Life Cuisine Option

Oven Roasted Potatoes

Desserts

Feature

Chocolate Peanut
Butter Pie

Feature

Tropical Pineapple Cake

Guiltless Pleasures

Reduced Sugar Peanut
Butter Chocolate Bars

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